

# Anthralin Decreases Keratinocyte TGF- $\alpha$ Expression and EGF-Receptor Binding In Vitro

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Anthralin is an effective topical treatment for active psoriasis; however, its mechanism of action is unknown. Both TGF- $\alpha$  and its receptor, the EGF receptor, are overexpressed in active psoriatic plaques and might, therefore, play a role in psoriatic epidermal hyperplasia. In order to assess whether anthralin might act via alteration of this growth factor pathway, we examined the in vitro effects of pharmacologic concentrations of anthralin on cultured normal human keratinocytes. Keratinocyte proliferation was inhibited by 98% at an anthralin concentration of 10 ng/ml. In contrast, lymphocyte proliferation was inhibited by only 50% at an anthralin concentration of 10  $\mu$ g/ml. Anthralin treatment did not induce cell-cycle-specific growth arrest as assessed by flow-cytometric analysis of acridine-orange-stained keratino-

cytes. Northern analysis of anthralin-treated keratinocytes demonstrated a marked decrease in TGF- $\alpha$  mRNA expression. Anthralin-treated keratinocytes showed decreased binding of  $^{125}$ I-EGF and  $^{125}$ I-IGF-I to their respective receptors, but EGF receptor binding was inhibited to a greater extent. Anthralin decreased ligand-binding affinity and cell-surface numbers of EGF receptors as assessed by Scatchard analysis of  $^{125}$ I-EGF binding to anthralin-treated keratinocytes. These results indicate that anthralin alters components of the EGF receptor pathway in cultured keratinocytes and that these effects might contribute to the clinical efficacy of anthralin in the treatment of active psoriasis. *J Invest Dermatol* 98:680-685, 1992

**P**soriatic lesions show evidence of both immune activation and epidermal growth activation. The immune activation of psoriasis resembles that seen in delayed type hypersensitivity reactions as shown by the presence of activated, IL-2 receptor + T cells and  $\gamma$ -interferon-induced proteins such as HLA-DR, IP-10, and ICAM-1 [1-12]. The keratinocytes of active psoriatic plaques share many features of growth activation with normal epidermis undergoing regenerative maturation [12-15]. Psoriasis thus combines epidermal hyperplasia with features of local immune activation, processes that may be regulated by established cytokines [2,10-12,16-18].

Several cytokines and cytokine receptors are expressed at high levels in psoriatic epidermis. Both transforming growth factor- $\alpha$  (TGF- $\alpha$ ) [17,19] and its receptor the epidermal growth factor (EGF) receptor [20] are overexpressed in psoriasis. Increased cutane-

ous and plasma levels of IL-6 have also been demonstrated in patients with active psoriasis [18,21,22]. The potential pathogenic significance of these findings is emphasized by the fact that both TGF- $\alpha$  and IL-6 promote keratinocyte proliferation in vitro [18,23-26]. In addition to increased EGF receptor levels, it has recently been noted that insulin-like growth factor-I (IGF-I) receptor expression appears to be increased in psoriatic epidermis [27,28]. Activation of IGF-I receptors in cultured keratinocytes increases the number of EGF receptors on the keratinocyte cell surface and also promotes keratinocyte proliferation in synergy with EGF/TGF- $\alpha$  [27]. Thus, the epidermal hyperplasia seen in psoriasis may be influenced both by increased cytokine expression and by increased cytokine receptor levels.

Although anthralin has been used to treat plaque-type psoriasis for many years, its mechanism of action is incompletely understood.

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## Abbreviations:

AO: acridine orange  
BB: binding buffer  
CSA: cyclosporine  
DMSO: dimethyl sulfoxide  
EGF: epidermal growth factor  
IGF-I: insulin-like growth factor-I  
IL: interleukin  
KBM: keratinocyte basal medium  
 $K_d$ : binding dissociation constant  
KGM: keratinocyte growth medium  
PHA: phytohemagglutinin  
PBMC: peripheral blood mononuclear cells  
TGF- $\alpha$ : transforming growth factor- $\alpha$

Anthralin (1,8-dihydroxy-9-anthrone) contains an anthracene unit with two hydroxyl groups at positions 1 and 8 and a keto group at C-9. In aqueous solutions, light exposure catalyses auto-oxidation of anthralin with the formation of free radicals, leading to the inactive final compound, danthrone, and anthralin dimer [29]. Anthralin treatment has been reported to inhibit granulocyte function, inhibit the lipoygenase pathways, inhibit DNA replication and repair, inhibit mitochondrial respiration, and decrease calmodulin activity *in vitro* [29–38]. *In vivo*, anthralin decreases plasminogen activator levels in plaques, inhibits mitochondrial ATP synthesis, and normalizes keratin expression [29,37–39]. However, it is unclear how anthralin treatment affects the growth factor/cytokine pathways that might regulate epidermal hyperplasia in psoriatic plaques, e.g., TGF- $\alpha$ /EGF-receptor, IGF-I/IGF-I receptor, and the IL-6/IL-6 receptor.

In this study, we examined the effects of anthralin on human keratinocyte growth *in vitro* and on components of the EGF receptor and IGF-I receptor growth pathways *in vitro*. Anthralin inhibited keratinocyte growth far more than lymphocyte growth, at similar pharmacologic concentrations where cell viability was not impaired. No cell-cycle-specific growth arrest was observed in anthralin-treated keratinocytes. Anthralin-treated keratinocytes showed large reductions in TGF- $\alpha$  expression and EGF receptor binding, whereas IGF-I receptor binding was decreased but to a lesser extent.

## MATERIALS AND METHODS

**Cell Proliferation Assay** Keratinocytes were grown in serum-free MCDB 153 medium supplemented with epidermal growth factor 0.1 ng/ml, insulin 5  $\mu$ g/ml, hydrocortisone 0.5  $\mu$ g/ml, calcium 0.15 mM, bovine pituitary extract, and with gentamycin and amphotericin B (KGM; Clonetics, San Diego, CA) [12,18,23,27,40]. Anthralin (dithranol, 1,8-dihydroxy-9[1OH]-anthracenone; Sigma Chemical Company, St. Louis, MO) was diluted in dimethyl sulfoxide (DMSO) to a stock concentration of 10 mg/ml. The stock was diluted in DMSO to prepare various concentrations of anthralin. Control cultures received appropriate dilutions of DMSO alone.

Normal human keratinocytes were obtained from neonatal foreskins after dermal-epidermal separation was achieved by a 12-h incubation in 1% dispase at 4°C, followed by trypsinization for 30 min at 37°C. Keratinocytes were used for experiments after the second or third passage. Keratinocytes were cultured in T25 flasks (Corning, NY) at a density of  $0.5\text{--}1 \times 10^5$  cells/flask in KGM. The keratinocytes were incubated with various concentrations of anthralin or vehicle alone for 5 d. Keratinocyte cell counts were measured using a Coulter Counter (Coulter Electronics, Inc., Hialeah, FL). Cell viability was assessed by trypan blue dye exclusion.

Peripheral blood mononuclear cells (PBMC) were isolated from heparinized human blood by Ficoll density gradient centrifugation as previously described [41]. Various concentrations of anthralin or vehicle were added to PBMC cultured at a concentration of  $1 \times 10^6$ /ml for 4 d in 10 ml RPMI 1640-10% FBS (fetal bovine serum) plus glutamine and penicillin/streptomycin in the presence and absence of phytohemagglutinin (PHA; Wellcome Diagnostics, Temple Hill Dartford, U.K.) at a 1/250 dilution of the stock solution. After 4 d, cell counts were measured using a Coulter Counter. Cell viability was assessed by trypan blue dye exclusion.

Normal human neonatal foreskin fibroblasts were grown in the presence or absence of FBS as previously described [12,42].

**Flow Cytometry** Keratinocytes used for cell-cycle analysis were grown in serum-free media and then cell-cycle distribution was determined using flow-cytometric analysis of acridine-orange (AO)-treated keratinocytes as previously described [43,44]. Under these conditions, interactions of the dye with DNA resulted in green fluorescence with a maximum emission of 530 nm (F530), whereas interaction of the dye with RNA gave red metachromasia at 640 nm (F640). The intensities of these reactions are proportional to the DNA and RNA content, respectively.

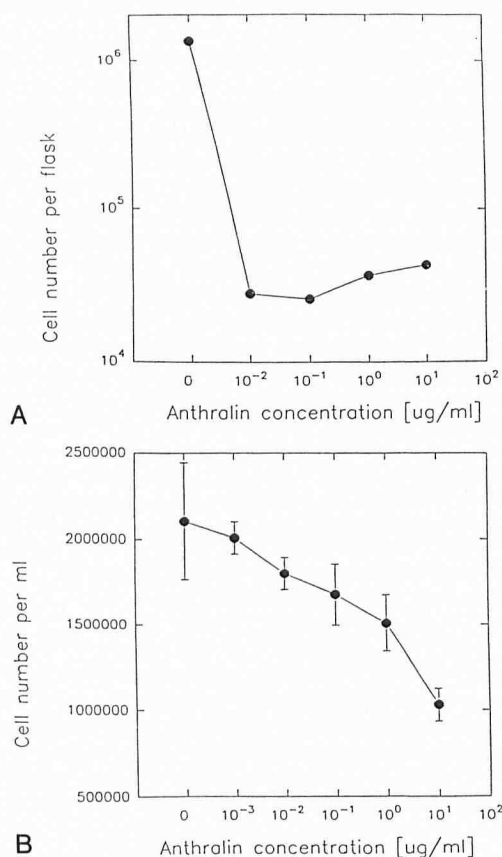
**RNA Isolation and Analysis** Keratinocyte cultures were exposed to various concentrations of anthralin for 24 h. The cells were harvested and the RNA was extracted with acid guanidine thiocyanate-phenol-chloroform [45]. RNA concentration was determined by absorption at 260 nm. Equal quantities of RNA were size fractionated by electrophoresis in 1% agarose and then transferred to nitrocellulose or Genescreen (New England Nuclear, Boston, MA) by following standard protocols [45]. A full-length cDNA clone for TGF- $\alpha$  [25] was obtained from Dr. R. Derynck. The hybridization probe was made by random priming with  $^{32}$ P dCTP using the random-primed DNA labeling kit obtained from Boehringer Mannheim (Indianapolis, IN). A 40-base synthetic oligonucleotide of human beta-actin (Oncogene Science, Manhasset, NY) was 5' end labeled with  $\gamma$  [ $^{32}$ P]-ATP using T4 polynucleotide kinase (New England Biolaboratories, Beverly, MA). A c-myc specific dDNA probe was a generous gift from Dr. Wilson Miller (Sloan Kettering Memorial Hospital, NY, NY [46]). Hybridization was carried out at 45°C under high stringency conditions using 50% formamide. The membranes were washed and developed on Kodak XAR film at  $-70^\circ\text{C}$  using Cronex intensifying screens.

**Receptor Binding Studies** Both EGF receptor and IGF-1 receptor binding assays were done as previously described [20,27,45]. Briefly, cultured human neonatal foreskin keratinocytes were grown in KGM to approximately 75% confluence in 24-well tissue culture plates. Cells were then incubated in KGM alone or containing anthralin (0.01 to 10  $\mu$ g/ml) for 24 h. The plates were then washed  $2 \times 90$  min at 37°C with keratinocyte basal medium (KBM; Clonetics Corporation, San Diego, CA). Plates were then put on ice and washed once with cold binding buffer (BB: KBM + 5 mg/ml BSA + 20 mM HEPES buffer, pH 7.3) followed by the addition of 0.25 ml/well of 0.05 to 5 ng/ml  $^{125}$ I-EGF (Amersham; Specific Activity 100  $\mu\text{Ci}/\mu\text{g}$ ) or 0.05 ng/ml  $^{125}$ I-IGF-I (Amersham; Specific Activity 2000 Ci/mmol) in BB to each well. Plates were transferred to a rocking incubator at 4°C for 6 h and then washed four times with BB. Cells were lysed in 0.1 M NaOH/0.1% TX-100 and counts were read in a  $\gamma$  counter. Nonspecific binding was measured with a 5000-times excess of unlabeled EGF or IGF-1 (PeproTech, Rocky Hill, NJ) and did not exceed 15% of total binding. Each value represents mean specific binding of triplicate measurements. Scatchard analysis was done in the absence or presence of anthralin at a concentration of 1.0  $\mu$ g/ml.

## RESULTS

### Anthralin Treatment Inhibits Keratinocyte Growth *In Vitro*

Because psoriatic plaques are characterized by both an activated keratinocyte and T-lymphocyte compartment [10–12], the effects of anthralin on keratinocyte and lymphocyte growth were assessed using cultured normal human keratinocytes and lymphocytes in the presence of varying concentrations of anthralin. These experiments demonstrated that keratinocytes were much more sensitive *in vitro* to the inhibitory effects of anthralin on cell proliferation than were lymphocytes (Fig 1). Anthralin at concentrations of 10 ng/ml to 10  $\mu$ g/ml was added to actively proliferating foreskin keratinocytes grown under optimal serum-free conditions (Fig 1A) and to normal lymphocytes stimulated with the mitogen, PHA (Fig 1B). At concentrations of 10 ng/ml, anthralin caused a 98% inhibition of keratinocyte proliferation. In contrast, even at anthralin concentrations of 10  $\mu$ g/ml, only 50% inhibition of mitogen-induced lymphocyte proliferation was observed. Keratinocyte and lymphocyte viabilities were greater than 99% at concentrations of anthralin less than 10  $\mu$ g/ml; therefore, cell death could not account for anthralin's marked inhibition of keratinocyte growth. These concentrations of anthralin are much less than those achieved in the epidermis of patients treated with 0.1% anthralin *in vivo*. For example, the epidermal level of anthralin that results from the application of a 0.1% preparation is 93.66  $\mu\text{M}$  [29]. A 1  $\mu$ g/ml solution of anthralin is equivalent to a 4.4  $\mu\text{M}$  solution. The concentrations used for the experiments described in this paper are within those achieved in epidermis after routine clinical use, but the intraepidermal distribution of anthralin after topical administration is unknown.



**Figure 1.** Keratinocytes are more sensitive to the growth-inhibitory effects of anthralin than are lymphocytes. Anthralin (0.01–10 µg/ml) was added to normal human foreskin keratinocytes grown in KGM for 5 d (A) and to PHA-stimulated PBMC cultured for 4 d (B). Cell counts were determined using a Coulter Counter.

In order to determine if anthralin inhibited keratinocyte proliferation by inducing cell-cycle specific arrest, anthralin-treated keratinocytes were labeled with acridine orange and then subjected to flow-cytometric analysis as we have previously described [43,44]. Using this technique, both the RNA and DNA contents of individual keratinocytes can be assessed simultaneously. Previous studies have demonstrated that cultured keratinocytes can be divided into three populations that differ in their RNA content and proportion of cells, which are actively dividing [43,44]. Keratinocytes cultured in the presence of anthralin from 0.01 to 1.0 µg/ml showed no significant difference in the percentage of cells in G<sub>0</sub>/G<sub>1</sub>, and G<sub>2</sub> + M phases of the cell cycle (Table I). However, the RNA content of keratinocytes treated with 0.1 µg/ml of anthralin decreased as demonstrated by the reduced "high RNA" peak at 640 nm (Fig 2). This decrease in cellular RNA primarily represents a decrease in ribosomal RNA. In separate experiments, the addition of anthralin did not diminish the accumulation of the rhodamine analog, rhodamine 123 [47], into the mitochondria of viable keratinocytes (data not shown). Because anthralin treatment decreased ribosomal RNA content but did not inhibit mitochondrial-specific dye uptake, anthralin has differential effects on growth-related cellular organelles.

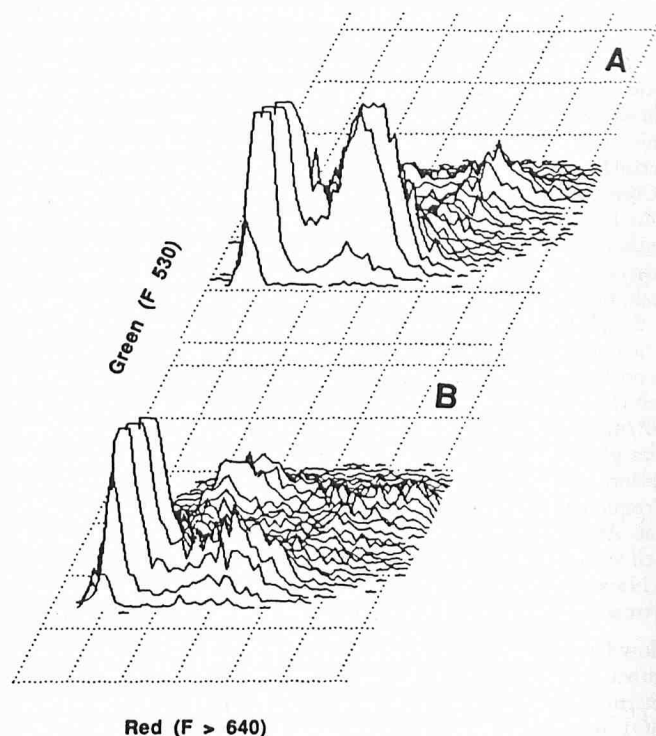
**Anthralin Treatment Inhibits Keratinocyte TGF-α Expression In Vitro** TGF-α promotes keratinocyte growth [25] and it and the EGF-receptor are overexpressed in psoriatic keratinocytes [17,19,20]. The effect of anthralin, which inhibits keratinocyte proliferation, on TGF-α expression was next studied. Addition of anthralin inhibited TGF-α expression and decreased EGF receptor binding.

**Table I.** Anthralin Treatment Does Not Cause Specific Cell Cycle Arrest

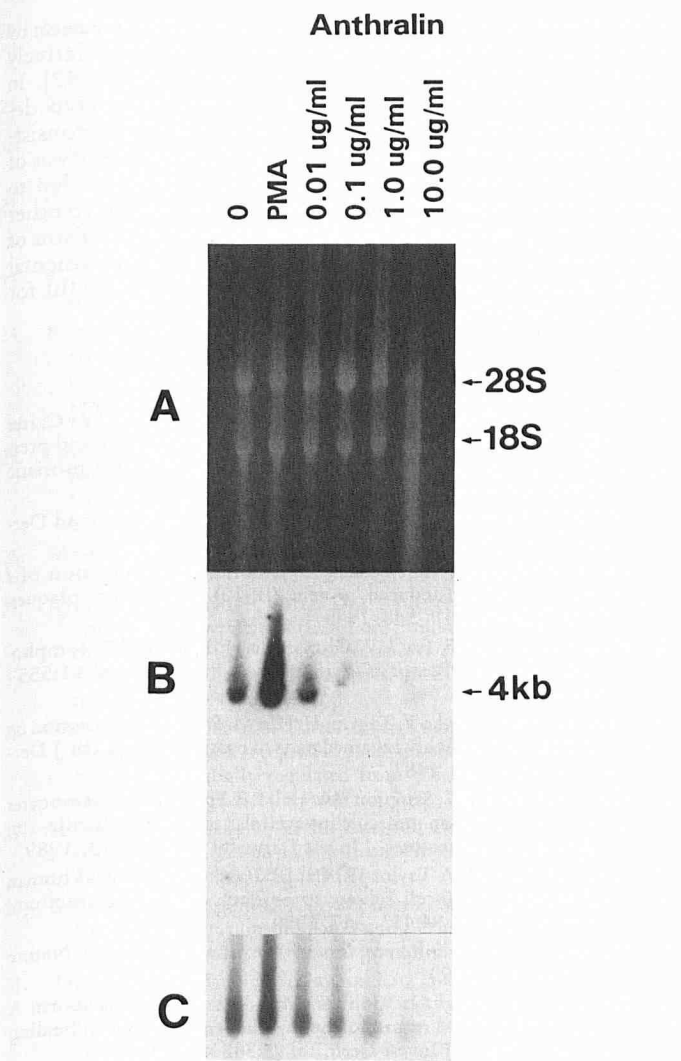
Anthralin (µg/ml)	Cell-Cycle Distribution (%)		
	G <sub>0</sub> /G <sub>1</sub>	S	G <sub>2</sub> /M
Control	41.2	40.6	18.2
0.01	37.4	49.4	13.2
0.10	34.3	38.7	27.0
1.0	43.9	41.2	14.9
10.0	44.1	27.1	28.8

Northern analysis was performed under high stringency conditions on actively proliferating keratinocytes grown in the presence of anthralin (0.01 to 10 µg/ml) for 24 h (Fig 3). A single mRNA band was observed at approximately 4 kilobases as has been previously reported [45]. Addition of anthralin at concentrations of 0.1 to 10 µg/ml caused a dramatic decrease in TGF-α mRNA expression. The total amount of RNA applied to each lane was identical as shown by ethidium bromide staining of total RNA. To control for effects of anthralin to globally decrease mRNA production, blots were re-probed for actin mRNA. Whereas less actin specific mRNA was observed with increasing anthralin concentrations, TGF-α-specific mRNA diminished at a faster rate for each anthralin concentration studied. For example, at 0.1 µg/ml anthralin, densitometric scanning demonstrated a reduction in TGF-α mRNA expression to only 8% of that of untreated keratinocytes, yet actin mRNA remained at 67% of that of untreated keratinocytes.

In order to determine if anthralin non-specifically decreased the expression of another growth-associated gene, the effect of anthralin addition (0.01 to 10 µg/ml) on keratinocyte c-myc mRNA expression was next tested (Fig 4). Transcription of c-myc is inducible in fibroblasts by serum exposure [48] and is constitutively expressed in human keratinocytes at relatively high levels [49,50]. Figure 4 (lanes 1–4) shows induction of c-myc in growth-arrested human



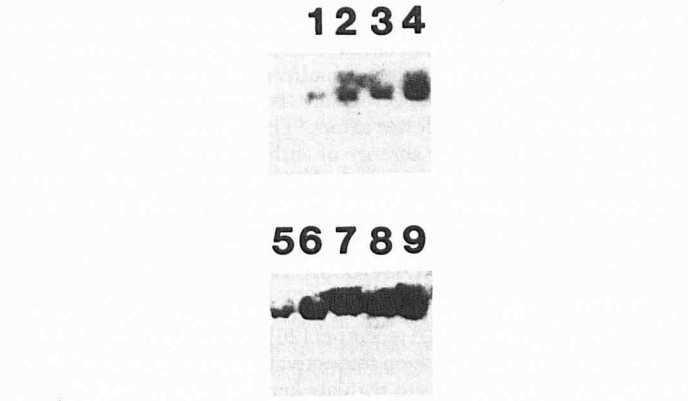
**Figure 2.** Anthralin decreases total cellular RNA in cultured keratinocytes. Flow cytometric analysis of acridine orange-stained control (A) and anthralin (0.1 µg/ml)-treated (B) cultured keratinocytes. Fluorescence intensity at 640 nm and at 530 nm is proportional to RNA and DNA content, respectively.



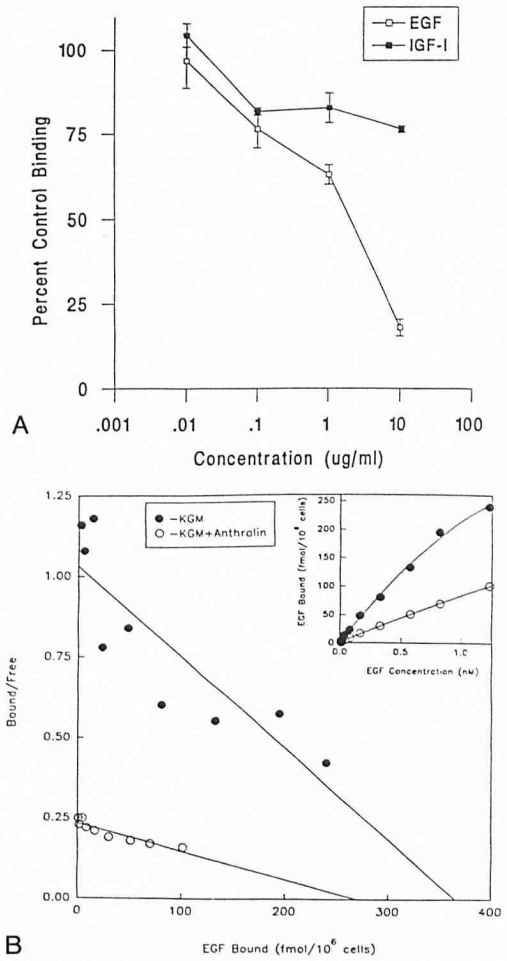
**Figure 3.** Anthralin inhibits TGF- $\alpha$  mRNA expression in cultured keratinocytes. Northern analysis was performed under high-stringency conditions on actively proliferating keratinocytes grown in the presence of anthralin (0.01 to 10  $\mu\text{g/ml}$ ) for 24 h. The total amount of RNA applied to each lane was identical as shown by ethidium bromide staining of total RNA (A). Addition of anthralin at concentrations of 0.1 to 10  $\mu\text{g/ml}$  caused a dramatic decrease in TGF- $\alpha$  mRNA expression (B). The blot was reprobed with an actin-specific probe (C). Whereas less acting-specific mRNA was observed with increasing anthralin concentrations, TGF- $\alpha$ -specific mRNA diminished at a faster rate for each anthralin concentration studied.

dermal fibroblasts after serum treatment in comparison to constitutive expression in human keratinocytes (lane 5). Expression of c-myc mRNA was increased somewhat by treatment of keratinocytes with TPA (lane 6) or anthralin (lanes 7–9). In comparison to expression of TGF- $\alpha$  mRNA or actin mRNA, c-myc mRNA was not diminished by treatment of cells with anthralin as high as 10  $\mu\text{g/ml}$ .

**Anthralin Decreases EGF and IGF-1 Receptor Binding**  
IGF-1 and EGF work in synergy to promote keratinocyte proliferation in vitro [27]. The effect of adding anthralin on the binding of EGF and IGF-1 to their respective receptors on keratinocytes cultured under optimal conditions was next investigated (Fig 5A). Addition of 0.1–10  $\mu\text{g/ml}$  anthralin caused a sharp decrease in EGF binding to the EGF-receptor. IGF-1 binding to the IGF-1 receptor was also inhibited but to a lesser extent. The differential sensitivities of the EGF and IGF-1 receptors to anthralin's effects suggests there is specificity to anthralin's mode of action. In separate experiments, Scatchard analysis revealed that anthralin (1.0  $\mu\text{g/ml}$ ) decreased



**Figure 4.** Anthralin does not decrease c-myc mRNA expression. C-myc mRNA expression is induced in growth arrested human dermal fibroblasts (lane 1), after 10% serum treatment for 0.5 (lane 2), 1.0 (lane 3), and 2.0 (lane 4) h in comparison to constitutive expression in human keratinocytes (lane 5). Expression of c-myc mRNA was increased somewhat by treatment of keratinocytes with TPA (lane 6) or anthralin at 0.01 (lane 7), 1.0 (lane 8), and 10.0 (lane 9)  $\mu\text{g/ml}$  as compared to the control (lane 5).



**Figure 5.** Anthralin decreases EGF- and IGF-1-receptor binding. The effect of adding anthralin on the binding of EGF and IGF-1 to their respective receptors on keratinocytes cultured under optimal conditions was next investigated (A). Addition of 0.1–10  $\mu\text{g/ml}$  anthralin caused a sharp decrease in EGF binding to the EGF-receptor. IGF-1 binding to the IGF-1 receptor was also inhibited but to a lesser extent. Scatchard analysis revealed that anthralin (1.0  $\mu\text{g/ml}$ ) decreased both EGF-receptor binding affinity and receptor number (B).



EGF-receptor binding affinity and cell surface receptor numbers (Fig 5B). The binding dissociation constant ( $K_d$ ) for binding of EGF to its receptor in the absence of anthralin was 0.5 nM, whereas in the presence of anthralin it was 2.1 nM. EGF receptor cell-surface numbers were decreased to a lesser extent. The number of receptors per cell was  $2.1 \times 10^5$  in the absence of anthralin and  $1.7 \times 10^5$  in the presence of anthralin. Thus, reduced binding of EGF to its receptor appears to be primarily mediated by diminished binding affinity.

## DISCUSSION

Epidermal hyperplasia in psoriasis is strongly correlated with increased expression of EGF receptors [20] and of TGF- $\alpha$  [17,19], a keratinocyte-derived mitogen that activates the EGF receptor. IGF-1 receptors, which appear to regulate keratinocyte proliferative responses to EGF or TGF- $\alpha$  [27], also appear to be overexpressed in active psoriatic epidermis [28]. Because epidermal hyperplasia in psoriatic skin is often transient, altered epidermal growth may be primarily regulated by expression of growth factor receptors and/or the local availability of ligands for these receptors. In support of this concept, overexpression of TGF- $\alpha$  in epidermal tissue of transgenic mice produces focal epidermal hyperplasia, though a second stimulus may be required for extensive skin involvement [51]. Thus TGF- $\alpha$ , produced by keratinocytes, and EGF receptor expression by keratinocytes may be important targets of anti-psoriatic therapeutic agents.

The results of this study suggest that pharmacologically relevant concentrations of anthralin have the ability to strongly inhibit keratinocyte proliferation in vitro, possibly by affecting early steps in mitogenic signalling pathways. Anthralin diminishes ligand binding to the EGF receptor via a reduction in binding affinity. Previous work has demonstrated that EGF receptor affinity and ligand-induced tyrosine kinase activity are greatly reduced by protein kinase C activation as a result of phosphorylation of the EGF receptor on threonine residue 654 [52,53]. Anthralin may also block EGF receptor effects by decreasing binding affinity, although the mechanism of action for anthralin may be different from that of protein kinase C. Anthralin treatment significantly decreases the abundance of mRNA for TGF- $\alpha$ . Because TGF- $\alpha$  mRNA abundance is regulated in keratinocytes by activation of the EGF receptor [25], the diminished TGF- $\alpha$  in anthralin-treated cells could be mediated either via effects of anthralin on the EGF receptor or by direct effects on TGF- $\alpha$  mRNA transcription or stability. Anthralin might also diminish keratinocyte proliferation through its effects on the IGF-1 receptor [27], though the effect of anthralin on this growth factor receptor is quantitatively smaller than its effects on the EGF receptor. Other effects of anthralin on epidermal keratinocytes, including diminished respiration [38], diminished DNA synthesis [35,36], and normalization of keratin expression [37], may be secondary consequences of diminished mitogenic signaling from EGF, IGF-1, or other membrane growth factor receptor systems.

The ability of anthralin to affect EGF receptor expression and TGF- $\alpha$  mRNA in cultured human keratinocytes contrasts markedly with cyclosporine A (CSA), another effective anti-psoriatic therapy. Whereas CSA also directly inhibits keratinocyte proliferation, it does not significantly diminish EGF receptor expression or TGF- $\alpha$  mRNA production by human keratinocytes [45]. CSA induces a proliferative block in the G<sub>1</sub> phase of the cell cycle, whereas anthralin does not block proliferation at a single point in the keratinocyte cell cycle [45]. Thus, these anti-psoriatic compounds, which have direct epidermal effects, may have different mechanisms of inhibiting keratinocyte proliferation in vitro. In vivo, the anti-psoriatic mechanisms of anthralin and CSA may be significantly different, because lymphocyte proliferation in vitro is more strongly suppressed by low concentrations of CSA, whereas keratinocyte proliferation is more strongly inhibited by low concentrations of anthralin [45]. It is interesting that clinical treatment of psoriatic lesions with anthralin appears to produce relatively long remissions after cessation of therapy, whereas there is a predictable relapse of active psoriasis shortly after cessation of therapy with CSA [54,55]. The

ability of anthralin to decrease keratinocyte mitogenic activation by TGF- $\alpha$  might be important in this regard, as CSA has relatively little effect on this pathway in vitro [45] or in vivo [56,57]. In preliminary studies, treatment with 0.1% anthralin in vivo decreased immunoreactive TGF- $\alpha$  in a treated psoriatic plaque consistent within vitro results described above. Clearly, further analysis of psoriatic tissue treated in vivo with anthralin will be needed to further clarify its mode of action, especially in comparison to other anti-psoriatic agents. Elucidation of the therapeutic mechanisms of anti-psoriatic drugs may be useful to help understand fundamental cellular alterations that cause psoriasis and may also be useful for designing better therapies.

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